

BY DONKEY OR BY BICYCLE WE GO TO MIRANDA

PROGRAM OF ACTIVITIES:

1st day:

- Guided tour to Miranda do Douro (built heritage and the Terra de Miranda Museum);
- Donkey ride and visit to the Palheirico Centre, in Atenor.

2nd day:

- MTB Touring.

The donkey ride will be held in partnership with the *Associação para o Estudo e Proteção do Gado Asinino* (AEPGA) - the Association for the Study and Protection of Donkeys.

If you're used to MTB practice and you can't bring your bicycle, bring your **saddle**, and we provide you the bicycle!

TO BETTER ENJOY THE ACTIVITIES, WE ADVISE THE USE OF:

- Clothes and shoes suited to walking in the fields and adapted to according weather;
- Hat;
- Suitable shoes, fit for the practice of MTB;
- Helmet, gloves and suitable clothes for the practice of MTB and according to weather;
- Energetic bars or other energy food source;
- Bottle with water;
- Camera;
- Sunscreen in the Summer;

PRICES:

- 2 days without bicycle rental = 121,00 €/person (*)
- 2 days with bicycle rental = 136,00 €/person (**)

(*) **Includes:** Transportation to the place where the activity will be held, 1 donkey for each 3 persons, specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.

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() Includes:** Transportation to the place where the activity will be held, 1 donkey for each 3 persons, bicycle and helmet, specialized guide, obligatory insurance and 4 meals based in local gastronomy and regional products.

For more information please refer to the **Terms and Conditions**.

We advise you to read the section
Good Practices

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